



PCEA TODAY

Professional Construction Estimators Association
CSRA Chapter

June
2023

David Eller, Past President
Mark Stephens, President

Message from the Board

The weather is heating up, and so are the changes here at PCEA-CSRA! We have a new president in Mark Stephens, a new meeting venue starting next month, new scholarship recipients, and a happy hour social this month. We're also ramping up to host the 2024 national PCEA convention here next April.

Our former president, David Eller, will remain on the board as Treasurer, and we gained Kat Sanders as our Membership VP role. If you're interested in joining our group or the Convention Committee, please contact us at pcea.csra@gmail.com.

Please join us and bring guests to our **Monthly Membership Meeting** on Thursday, June 8 at Fat Man's. Meetings are held every 2nd Thursday (with the new meeting location at TBoonz on Washington Road starting July 13th.)



Our American Flag, now an international icon, is celebrated on June 14th. Flag Day commemorates the adoption of the flag on June 14, 1777. In 1916, President Woodrow Wilson issued a proclamation that officially established Flag Day. Celebrations can be found all over the country. For more info on flag etiquette, click [here](#).



Don't forget the dads in your life this Sunday, June 18th! Mark your calendars now and plan to celebrate.

June Safety Challenge

Focus on New Worker Training to Ensure Everyone's Safety

In construction, people who have been on the job for less than one year make up 48% of workers' comp claims. New workers must learn how to work safely.

- **Make safety a priority.** Efficiency, deadlines, and schedule all conflict with job safety - but taking a seemingly simple shortcut could end a life. You might shave some time from your schedule, or you might shave off a finger. The choice is obvious.
- **Enforce regular breaks.** Do not skip scheduled breaks. Construction work is demanding, especially in the increased heat we'll be seeing in the coming months. Break times can prevent fatigue, heat exhaustion, and overexertion injuries.
- **Stop and ask!** Create an environment where the new worker is encouraged to ask questions. Make sure they understand instructions. Don't embarrass new workers if they don't understand a process or system right away.
- **Make orientation interactive.** Don't just go through the motions during orientation. After formal training is over, introduce real-world scenarios and situations where things have gone wrong. Ask them how they would have done things differently to prevent real safety incidents that your company has experienced. Focus on open-ended questions in addition to the formal required training materials.

Attention General Contractors!

We are currently in our early planning stages for a General Contractors' Roundtable. Use your contact list and let Kat Sanders know if you have someone that may be interested: ksanders@cce-inc.com or 706-969-5054

Summer is here!

June 21st marks the beginning of summer. The best part about warm weather is getting to enjoy outside activities.

Click [here](#) to see a list of upcoming Summer festivals and events in the CSRA!

National Safety Month

June's National Safety Month focuses on reducing leading causes of injury and death at work, on the road, and in our homes by raising safety awareness. Take a few extra seconds each day to become familiar with the activities taking place around you. Be sure to correct the deficiency or put controls in place to protect those effected. A brief conversation raising safety awareness could prevent an injury or save a life.

Upcoming PCEA Events – Convention & Networking

Mark your calendars for our National Convention April 24th through 28th, 2024!

Membership Meeting – Thursday, June 8th @ 11:45 - We'll be presenting our scholarship winners, and Bernadette Fortune with Habitat for Humanity will be our guest speaker.

Happy Hour Networking – Thursday, June 22nd from 4:30 to 6:30 - Meet us at Doc's Porchside at 3035 Washington Road.



Member Spotlight – Cara Wilson

Navigate your projects with Gage Construction Consulting

Cara Wilson - Principal - (706) 831-8082

cdwilson@gageconstructionconsulting.com

Cara is one of PCEA-CSRA's newer members, having joined just over a year ago. With over 25 years' experience managing construction projects, she has contributed her wealth of knowledge to our users and guests. As a business owner, she has introduced several new visitors to our group and looks forward to making more valuable chapter connections.

Cara began her project management career out of the college gate, landing her first job as an assistant project manager with Hinson Building Corporation out of Tampa, FL. Their primary focus was on Columbia HCA Hospital additions and renovations.

After moving to Georgia, Cara continued to hone her project management skills in PM roles within local general contractors and trade businesses. Last year, she opened GAGE Construction Consulting. From pre-construction to punchlist completion, GAGE navigates multi-faceted construction projects, freeing up her clients' time and resources to focus on their own business dealings. As businesses expand, grow, and change course, GAGE is there to carry the heavy burden of a new construction venture or renovation. Her unique perspective and knowledge of the inner workings of the construction field lend invaluable resources to owners and their bottom line.

One of her services is to communicate the 10,000-foot view to her owners while ensuring that the 5-foot level is operating in accordance with budget and schedule. Her services pay for themselves as cost savings, exponentially when she is hired early in the project as a pre-construction consultant.

Cara's advice to young people who are considering the construction trade is simple yet effective: "Work hard, communicate, and pay attention to every detail!"

Outside of work, you might find Cara in the garden, enjoying baseball, or camping and fishing at the lake with her dogs. Her playlist runs 80s and 90s jams with some selected contemporary country thrown in for good measure.

Be sure to reach out to her about your next construction project!



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Cara Wilson, Principal

M: (706) 831-8082

cdwilson@gageconstructionconsulting.com

www.gageconstructionconsulting.com

Calendar

JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
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Member Meeting Thursday, June 8

Members and guests are welcome to join us this coming Thursday at 11:45 as we enjoy fellowship and lunch at Fat Man's Café and Catering, located at 1450 Greene Street in Augusta, GA.

NOTE NEXT MONTH'S VENUE CHANGE - For our July Meeting, we will begin meeting at TBoonz at 11:45, 2856 Washington Rd, Augusta, GA 30909

Networking Social Hour, June 22

Members and guests prepare for some food, fun, drinks, and networking at Doc's Porchside at 3035 Washington Road. We'll meet from 4:30 to 6:30 to fellowship and have a great time.

Board & Committee Meetings

The Board of Directors will meet Wednesday June 28th at 8:00 AM at Sunrise Grill, 3830 Washington Road, Suite 10 in Martinez to discuss chapter business.

PCEA of the CSRA 2023-2024 Board of Directors

President	Mark Stephens	Cost Segregation Services
1st Vice President	Kat Sanders	Centennial Contractors Enterprises
2nd Vice President	Steve Munn	MAI Risk Advisors
Secretary	Sara Lord	AllStar Tents and Events
Treasurer	David Eller	Georgia Drywall, LLC
National Director	Steve Munn	MAI Risk Advisors

PCEA Contact Info & Links

www.pcea-csra.org - CSRA Chapter Website

www.pcea.org - National Website

Contact Mark Stephens, 706-294-7989, mstephens@costsegregationservices.com, for general information.

Contact Kat Sanders, 706-969-5054, ksanders@cce-inc.com for more information about membership and advertising in our newsletter.

Please e-mail Vic Markwalter vic@duckdllc.com for scholarship information. Scholarships will be awarded at this month's Membership Meeting.

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